

CURRICULUM VITAE

Monique M. Ridosh

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I. PROFESSIONAL EDUCATION

<u>Year</u>	<u>Degree</u>	<u>Institution</u>
2014	Doctor of Philosophy in Nursing	University of Wisconsin-Milwaukee, Milwaukee, WI
2006	Master of Science in Nursing	University of Phoenix
1995	Bachelor of Science in Nursing	University of Miami, Miami, FL
1991	Associate in Arts	Miami-Dade Community College, Miami, FL

II. PROFESSIONAL EXPERIENCE

- 7/2021 - present **Tenured Associate Professor, Marcella Niehoff School of Nursing, Loyola University Chicago, Chicago, IL.** Faculty in the Family and Community Health Nursing Department teaching coursework in Research (Undergraduate) and Concepts and Theory in Nursing (Graduate Nursing Program).
- 8/2015 – 7/2021 **Tenure-Track Assistant Professor, Marcella Niehoff School of Nursing, Loyola University Chicago, Chicago, IL.** Development and teaching of coursework in Concepts and Theory in Nursing (Graduate Nursing Program).
- 7/2014 – 7/2015 **Non-tenured Track Assistant Professor, Marcella Niehoff School of Nursing, Loyola University Chicago, Chicago, IL.** Development and teaching of coursework in Community Health Nursing, Theory and Lab (RN to BSN online)
- 7/2011 – 1/2019 **Director, RN to BSN Program, Marcella Niehoff School of Nursing, Loyola University Chicago, Chicago, IL.** Director of online RN to BSN degree completion program responsible for administration and support of admission, progression and retention of students, allocation of faculty and staff resources, marketing and communication, and effective design and delivery of the curriculum.

- 8/2008 - 6/2014 **Instructor, Marcella Niehoff School of Nursing, Loyola University Chicago, Chicago, IL.** Instructor in Department of Health Management and Risk Reduction teaching Community Health Nursing Theory and Lab (RN to BSN online), Bridge Course Nursing Concepts (RN to BSN online), CRT: Clinical Role Transition Course Director (traditional seniors), Introduction to Professional Nursing Practice (traditional freshman and ABSN), Nursing as Vocation & Nursing as Service.
- 6/2007 – 6/2011 **Coordinator, Clinical Faculty & Sites, Marcella Niehoff School of Nursing, Loyola University Chicago, Chicago, IL.** Clinical placement coordinator for School of Nursing responsible for clinical assignments of students and faculty, maintenance of collaborative relationships with clinical agencies, identification of resources to optimize outcomes of the nursing program, and budget management of clinical faculty.
- 10/1999-7/2004 **Nurse Case Manager Medical Foster Care Program, Jackson Memorial Hospital, Miami, FL.** Case management for medically complex children in the foster care system living in homes in the community. Responsibilities included admission/placement, development of the plan of care, coordination and allocation of resources, patient and family education and home, school and health provider visitation to support continued access to quality health services and safe home environment.
- 3/2002-2/2004 **Trainer, Jackson Memorial Hospital, Miami, FL.** Medical Foster Parent Training 40 hour course on assessment and care of a medically complex child. Member of a statewide committee for curriculum revision.
- 7/1998-10/1999 **PICU Staff Nurse, Jackson Memorial Hospital, Miami, FL.** Clinical nursing care for critically ill pediatric population in a 12-bed unit to include experience in trauma management and organ transplantation.
- 7/1996-7/1998 **PICU Staff Nurse, Broward General Medical Center, Ft. Lauderdale, FL.** Clinical nursing care for critically ill pediatric patients in a 12-bed unit to include trauma management.
- 7/1995-7/1996 **Staff Nurse, Mount Sinai Medical Center, Miami Beach, FL.** Clinical nursing care for the medical surgical pediatric population.

III. LICENSURE

Registered Professional Nurse #041344516 Illinois

IV. GRANTS

A. Research grants – External

Research Supplements to Promote Diversity in Health-Related Research (PA-12-149) for "Can the sunshine vitamin improve mood and self-management in women with type 2 diabetes?"

(R01NR013906)

April 2015 – April 2017

Penckofer, S. (Principal Investigator)

The goals of this supplement are: (1) to gain knowledge and experience in clinical trials research, (2) to gain expertise in effective strategies for engaging Hispanic women into clinical research, (3) to gain experience in caring for adult women with depression and diabetes, and (4) to conduct a pilot study on the contribution of family functioning to depressive symptoms and self-management in women with type 2 diabetes.

Role: Candidate Sponsored, Co-Investigator (75% effort)

Funding: \$218,196

Self-Management in Adolescents and Young Adults with Spina Bifida. (PA-14-029)

(R01NR016235)

September 2016 – July 2021

Holmbeck, G. (Principal Investigator)

The study aims are: (1) to test the utility of an innovative longitudinal conceptual model of medical self-management and adherence during the adolescent and late adolescent developmental periods, and (2) to identify how the transfer of self-management responsibilities from parent to child is linked with the successful transition from pediatric to adult health care settings.

Role: Co-Investigator (5% effort)

Funding: \$1,777,955

K01 Mentored Research Scientist Development Award (PA-20-190) for Healthy Adolescent and Young Adult Self-Management in Spina Bifida

(K01NR018907)

February 2021 – January 2024

Ridosh, M. (Principal Investigator)

The major goal of this project is to identify factors that predict trajectories of self-management among adolescents and young adults with Spina Bifida. The training goals of this application are: 1) gain knowledge in statistical methods for longitudinal analysis; (2) strengthen knowledge in quantitative methods more generally; (3) increase knowledge of family measurement through multi-method and multi-respondent data sources; (4) gain knowledge and experience in data science to collaborate with investigators analyzing data from large databases for spina bifida-related translational and clinical research; (5) further develop academic writing skills for manuscripts and grant proposals.

Role: Principal Investigator (75% effort)

Funding: \$383,534

B. Research grants - Internal

Family Matters in Diabetes and Depression

New Faculty Research Start Up Funds, Loyola University of Chicago

July 2016 – July 2018

Marcella Niehoff School of Nursing.

Ridosh, M. (Principal Investigator)

The purpose of this grant is to support transcription service for qualitative analysis of the FAMDD study, consultation for qualitative analysis, and support for dissemination of findings.

Role: Principal Investigator

Funding: \$15,000

Parents of Children with Down Syndrome and Their Interactions with Pediatric Health Care Providers

New Faculty Research Start-Up Funds, Loyola University of Chicago

August 2018 – present

Marcella Niehoff School of Nursing

Buechele, S. (Principal Investigator)

To explore a parent's, who have a child with Down Syndrome, lived experience of encounters with their child's primary pediatric health care providers (HCP) in order to gain a deeper understanding of their perspective of these interactions and to identify what factors may contribute to the interactions.

This understanding may be used by primary pediatric HCP to improve the quality of future visits.

Role: Mentor/Co-Investigator

Funding: \$10,000

**Patient-Reported Symptoms and Psycho-Behavioral Response Following COVID-19
COVID-19 Rapid Response Grant Program, Loyola University of Chicago Marcella Niehoff School of Nursing**

Saban, K. (Principal Investigator)

October 2020 - present

The primary objective of this project is to identify the pattern of COVID-19 related symptoms in patients diagnosed with COVID-19 over 12 months. A secondary objective is to examine the influence of risk and protective factors on COVID-19 symptom experience.

Role: Co-Investigator

Funding: \$3,000

C. Research grants - Not funded

**R21 Family Factors, Diabetes, and Quality of Life in US Hispanics: A Longitudinal Analysis.
Small Grants for New Investigators to Promote Diversity in Health-Related Research**

(PAR-16-064)

2017 – not funded

This secondary analysis of the Hispanic Community Health Study/Study of Latinos (HCHS/SOL) aims (1) to examine the association of family factors (structural support, family environment), functional support, diabetes health status, and quality of life among HCHS/SOL participants longitudinally; and (2) to evaluate the direct and/or indirect effect of depressive symptoms on the association of family factors (structural support, family environment), functional support, diabetes health status, and quality of life.

Co-Investigators: Penckofer, S., Durazo-Arvizu, R., Bryant, F., & Daviglus, M.

Role: Principal Investigator

Funding requested \$392,561

NIH Loan Repayment Program

2016 – 2018 –not funded

This is an Extramural mentored loan repayment program for conducting Health Disparities Research through the National Institute on Minority Health and Health Disparities (NIMHD)

Primary Mentor: Dr. Sue Penckofer

Role: Applicant

Funding requested \$62,000

NHLBI - Hispanic Community Health Study/Study of Latinos – Chicago Field Center

N01-HC-65236 (PI: Daviglus)

06/01/2015 – 05/31/2020

The overall objective of this study is to conduct a 6.5-year prospective study in a representative community-based sample of 16,000 (4,000 per field center) US persons of Hispanic origin, i.e.,

Mexicans, Cubans, Puerto Ricans, or Central/South Americans, men and women, ages 18-74 at baseline to identify the prevalence of and risk factors for cardiovascular and non-cardiovascular diseases.

Role: Affiliated Investigator

K01 Mentored Research Scientist Development Award (PA-19-126) for Healthy Adolescent and Young Adult Self-Management in Spina Bifida

(Submitted February 12, 2019)

September 2019 – October 2022

The goals of this application are: 1) gain knowledge in statistical methods for longitudinal analysis; (2) strengthen knowledge in quantitative methods more generally; (3) increase knowledge of family measurement through multi-method and multi-respondent data sources; (4) gain knowledge and experience in data science to collaborate with investigators analyzing data from large databases for spina bifida-related translational and clinical research; (5) further develop academic writing skills for manuscripts and grant proposals.

Role: Principal Investigator (75% effort)

Funding requested: \$469,373

D. Program grants – External

VA Nursing Academy: Enhancing Academic Partnerships

2008-2013

The purpose of this project is to increase and enhance Loyola nursing student clinical experiences and to improve select patient outcomes related to mental health needs of the VA patients

S. Zandell, (Principal Investigator)

Role: Grant team member and clinical placement coordinator

Funding 3,000,000

Expansion Renewal Grant 2008 Illinois Board of Higher Education

May 2007 – May 2008

The purpose of this grant was to increase enrollment of 2008 ABSN students and to enhance didactic, clinical, and simulated laboratory learning experiences for ABSN students

Roux, G., Keough, V., & Solari-Twadell, A. (Principal Investigators)

Role: Clinical placement coordinator and evaluator of clinical curriculum

Funding:
\$300,000

Mission Possible: Significant Expansion of Education for Accelerated BSNs. - Illinois Board of Higher Education

May 2007 – May 2008

The purpose of this grant was to increase enrollment of 2007 ABSN students and to enhance didactic, clinical and simulated laboratory learning experiences for ABSN students.

Haas, S., Roux, G. & Solari-Twadell, A (Principal Investigators)

Role: Clinical placement coordinator and evaluator of clinical curriculum

Funding: \$485,000

E. Program grants – not funded

IBHE Nursing Expansion Grant

2012 – not funded

The purpose of this grant was to expand the number of RN TO BSN students and provide academic support including infrastructure, staffing, and marketing to increase the diversity of RN TO BSN nursing students, and promote transition into advanced nursing education programs.

Role: Solari-Twadell, A. & Ridosh, M. (Principal Investigators)

Funding requested: \$300,000

V. PUBLICATIONS

A. Manuscripts in preparation

Ridosh, M.M., Adams, W., Brei, T., Fremion, E., Holmbeck, G.N., Roach A., Sawin, K.J., Sherburne, E. Adolescent/Young Adult Self-management and Independence Scale II Self-report Questionnaire (AMIS-II-SR): A psychometric study.

Ridosh, M.M., Adams, W., d Payne, A., Hilderbrand, T.L., Magaña, F., Sawin K.J., & Holmbeck, G.N. Trajectories of Self-Management and Independence in Youth with Spina Bifida: Socioeconomic and condition-related predictors of growth

Ridosh, M.M., Sawin K.J., Roux, G., Adams, W., Penckofer. The Global Family Quality of Life Scale: Expanding evidence for adult women with co-morbidities.

Ridosh, M., Penckofer, S., Adams, W., Roux, G., Meehan, M. The impact of family functioning in women with diabetes and depression.

Ridosh, M. M., Durazo-Arvizu, R. A., Daviglus, M., Penckofer, S. M., Sotres-Alvarez, D., Gallo, L. C., Penedo, F. J., Castaneda, S. F., Perreira, K. M., Bryant, F. B., Sawin, K. J., Sachdeva, S., & Rojas-Russell, M. E. The mediating role of functional support on the relationship of family factors with diabetes status and quality of life: Findings from the Hispanic Community Health Study/Study of Latinos.

B. Manuscripts under review

Ridosh, M.M., Adams, W., Magaña, F., Sawin K.J., & Holmbeck, G.N. (2022) *Trajectories of self-management and independence in youth with spina bifida: Demographic predictors of growth*. [Manuscript submitted for publication].

Roux, G. & **Ridosh M.** Forces and Issues Influencing Curriculum Development. In D. Billings & J. Halstead, (Eds.), *Teaching in Nursing*, (7th ed.; Textbook). Elsevier.

C. Data-based, Refereed

Mendes, B., Roux, G., & **Ridosh, M.** (2010). Phenomena of Inner Strength in women post myocardial infarction. *Critical Care Nursing Quarterly*. 33(3), 248-258.

Ridosh, M., Braun, P. Roux, G., Bellin, M., Sawin, K. (2011). Transition in young adults with spina bifida: A qualitative study. *Child: Care, health and development*. 37(6), 866-874. doi: 10.1111/j.1365-2214.2011.01329.x

Ridosh, M. M., Sawin, K. J., Schiffman, R. F., & Klein-Tasman, B. P. (2016). Factors associated with parent depressive symptoms and family quality of life in parents of adolescents and young adults with and without Spina Bifida. *Journal of Pediatric Rehabilitation Medicine*, 9(4), 287-302. doi:10.3233/PRM-160399

Ridosh, M. M., Roux, G., Meehan, M., & Penckofer, S. (2017). Barriers to self-management in depressed women with type 2 diabetes. *Canadian Journal of Nursing Research*, 49(4), 160-169. doi: 10.1177/0844562117736699

Ridosh, M. M., Sawin, K. J., Brei, T. J., & Schiffman, R. F. (2018). A Global Family Quality of Life Scale: Preliminary psychometric evidence. *Journal of Pediatric Rehabilitation Medicine*, 11(2), 103-114. doi:10.3233/PRM-170477

- Ridosh, M.M.**, Sawin K.J., Roux, G., & Brei, T.J. (2019). Quality of life in adolescents and young adults with and without spina bifida: An exploratory analysis. *Journal of Pediatric Nursing: Nursing care of children and families*, 49, 10-17.
<https://doi.org/10.1016/j.pedn.2019.08.004>
- Driscoll, C. F. B., Ohanian, D. M., **Ridosh, M. M.**, Stern, A., Wartman, E. C., Starnes, M., & Holmbeck, G. N. (2020). Pathways by which maternal adjustment, perceptions, and behaviors are associated with condition-related responsibility in youth with spina bifida. *Journal of Pediatric Psychology*. 45(6), 610-621. <https://doi.org/10.1093/jpepsy/jsaa020>
- Weszelits, S. M., **Ridosh, M. M.**, O'Connor, A. (2020). Displaced Gastrostomy Tube in the Pediatric Emergency Department: Implementing an evidence-based algorithm and quality improvement project. *Journal of Emergency Nursing*. 47(1), 113-122.
<https://doi.org/10.1016/j.jen.2020.09.007>
- Ridosh, M. M.**, Stiles-Shields, C., Stern, A., Winning A., Anderson, L., Sawin, K. J., and Holmbeck, G. N. (2021). The Adolescent and Young Adult Self-Management and Independence Scale (AMIS-II): Expanding evidence for validity and reliability. *Journal of Pediatric Rehabilitation Medicine*. 14(4), 583-596.
<https://doi.org/10.3233/PRM-200679>
- Stiles-Shields, C., Kritikos, T. K., **Ridosh, M. M.**, Starnes, M., & Holmbeck, G. N. (2021). "We Are Anxious Every Day": COVID-19 Impacts on Youth with Spina Bifida. *Journal of Pediatric Psychology*. 46(9), 1040-1050.
<https://doi.org/10.1093/jpepsy/jsab070>
- Winning, A. M., **Ridosh, M.**, Wartman, E., Kritikos, T., Friedman, C., Starnes, M., Crowe, A. N., & Holmbeck, G. N. (2022). Parents' school-related concerns and perceived strengths in youth with spina bifida. *Child: Care, Health, and Development*. 1 – 11.
<https://doi.org/10.1111/cch.12969>
- Penckofer, S.,* **Ridosh, M.**,* Adams, W., Grzesiak, M., Woo, J., Byrn, M., Kouba, J., Sheean, P., Kordish, C., Durazo-Arvizu, R., Wallis, D., Emanuele, M. A., Halaris, A. (2022). Vitamin D supplementation for the treatment of depressive symptoms in women with type 2 diabetes: A randomized clinical trial. *Journal of Diabetes Research*. 1 - 10.
<https://doi.org/10.1155/2022/4090807> [* joint first authors]

D. Non Data-based, Refereed

- Ridosh, M. M.**, Sawin, K. J., Klein-Tasman, B., & Holmbeck, G. N. (2017). Depressive symptoms in parents of children with spina bifida: A review of the literature. *Comprehensive Child and Adolescent Nursing*, 40(2), 71-110.
doi:10.1080/24694193.2016.1273978
- Sawin, K., Margolis, R., Logan, L.R., Bellin, M., Woodward, J., **Ridosh, M.**, Brei, T. Self-management and Spina Bifida: A systematic review of the literature. PROSPERO: International prospective register of systematic reviews. 2020. CRD42020148535
Available from:
https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42020148535
- Sawin, K. J., Margolis, R. H., **Ridosh, M. M.**, Bellin, M. H., Woodward, J., Brei, T. J., Logan L. R. (2020). Self-Management and Spina Bifida: A systematic review of the literature. *Disability and Health Journal*, 14(1): 1- 18. <https://doi.org/10.1016/j.dhjo.2020.100940>
- Betz, C., Mannino, J., Cleverley, K., Young, C., **Ridosh, M.**, Kysh, L., & Hudson, S. (2021). Self-management for youth and young adults with special health needs: protocol for a scoping review of health care transition planning literature. *JBIC Evidence Synthesis*, 19(7): 1682-1690. doi: 10.11124/JBIES-20-00265

Holmbeck, G.N., Kritikos, T.K., Stern, A., **Ridosh, M.** & Friedman, C.V. (2021). The transition to adult health care in youth with spina bifida: Theory, measurement, and interventions. *Journal of Nursing Scholarship*, 53(2), 198-207. doi: 10.1111/jnu.12626

E. Doctoral Dissertation

Ridosh, M. (2014). *Factors associated with parent depressive symptoms and family quality of life in families with and without adolescents and young adults with spina bifida*. (Doctoral dissertation). University of Wisconsin-Milwaukee. <http://dc.uwm.edu/etd/753>

F. Book Chapters

Koob, P. & **Ridosh, M.** (2010). The future of nursing. In G. Roux & J. Halstead, (Eds.), *Issues and Trends in Nursing: Essential Knowledge for Today and Tomorrow*. Boston, MA: Jones and Bartlett Publishers.

Solari-Twadell, A., **Ridosh, M.**, Brittain, S. & Hanson, G. (2014). Blogging: A tool for reflective learning in nursing education. In L. Caputi (Ed.), *Innovations in Nursing: Building the Future of Nursing*. Washington, DC: National League for Nursing.

Ridosh, M. (2017) Transitions in Nursing: Future of nursing and transition to practice. In G. Roux & J. Halstead, (Eds.), *Issues and trends in nursing. Practice, policy, and leadership* (Textbook). Sudbury, MA: Jones & Bartlett Publishers. [AJN Book of the year award for Professional Issues, 3rd place, 2017]

G. Published Conference Proceedings

Ridosh, M., Roux, G., Sawin, K., Braun, P., & Bellin, M. (2011, October). *The experience of transition to adulthood for youth with a neurological condition*. Proceedings from Sigma Theta Tau International – 41st Biennial Convention, Grapevine, Texas.

Ridosh, M. & Sawin, K. (2014, August). *Factors associated with parent depressive symptoms and family quality of life in families with and without adolescents and young adults with spina bifida*. Proceedings from Council for the Advancement of Nursing Science, Washington, DC.

Ridosh, M., Sawin, K. & Roux, G. (2015, November). *Differences in meaning of Quality of Life and Inner Strength in families with and without young adults with spina bifida*. Proceedings from Sigma Theta Tau International – 43rd Biennial Convention, Las Vegas, Nevada

Ridosh, M., Sawin, K., Klein-Tasman, B., & Holmbeck G. (2017, March). *Depressive Symptoms in Parents of Children with Spina Bifida: A Review of the Literature*. Paper presented at the 3rd Spina Bifida World Congress, San Diego, California. General Care Issues Session 1, *Journal of Pediatric Rehabilitation Medicine*, 10(S1), pp. S23-S25. doi: 10.3233/PRM-170417

Ridosh, M., Roux, G., Meehan, M., Adams, W., Penckofer, S. (2018, September). *Family Functioning in Women with Diabetes and Depression*. Council for the Advancement of Nursing Science, Washington, DC. Friday, Diabetes and Obesity Session, <http://www.nursingscience.org/events/sos/2018sosslides>

H. Newsletters

Ridosh, M. (2012). Marcella Niehoff School of Nursing – Loyola's Online RN to BSN offers students a flexible option. *NurseLink*, 6(2), 13.

Ridosh, M. (2012). Loyola's Online RN to BSN degree completion program – One Year Later. *NurseLink*, 6(4). 10.

VI. PRESENTATIONS

A. Data-based Presentations

- Ridosh, M.,** Braun, P., Roux, G., Bellin, M., Sawin, K. (2011, February) *Transition in young adults with spina bifida*. 4th Annual Interdisciplinary Pediatric Behavioral Research Conference, Milwaukee, Wisconsin.
- Roux, G. & **Ridosh M.** (2011, February) *Transition in young adults with spina bifida*. Southern Nursing Research Society Annual Conference, Jacksonville, Florida.
- Ridosh, M.,** Roux, G., Sawin, K., Braun, P., & Bellin, M. (2011, October). *The experience of transition to adulthood for youth with a neurological condition*. Sigma Theta Tau International – 41st Biennial Convention, Grapevine, Texas.
- Ridosh, M.,** Sawin, K., J., & Brei, T., J. (2013, March). *Risk and protective factors associated with adaptation in parents of adolescents and young adults with spina bifida*. MNRS 37th Annual Research Conference, Chicago, Illinois.
- Sawin, K., Whitmore, K., & **Ridosh, M.** (2013, June). *Divergent factors related to QOL in family members of young adults with spina bifida*. International Family Nursing Conference, Minneapolis, Minnesota.
- Ridosh, M.** & Sawin, K. (2014, August). *Factors associated with parent depressive symptoms and family quality of life in families with and without adolescents and young adults with spina bifida*. Council for the Advancement of Nursing Science, Washington, DC.
- Ridosh, M.,** Sawin, K. & Roux, G. (2014, October). *QOL & inner strength in families with adolescents*. 20th Qualitative Health Research Conference, Victoria, British Columbia, Canada.
- Ridosh, M.,** Sawin, K., Brei, T., Schiffman, R. (2015, April). *A global family quality of life scale: preliminary psychometric evidence*. MNRS 39th Annual Research Conference, Indianapolis, Indiana.
- Ridosh, M.,** Sawin, K., Brei, T., Schiffman, R. (2015, August). *A global family quality of life scale: preliminary psychometric evidence*. 12th International Family Nursing Conference, Odense, Denmark.
- Ridosh, M.,** Penckofer, S., Roux, G., Meehan, M. (2016, September). *Family Matters in Diabetes and Depression*. State of the Science Congress on Nursing Research: Determinants of Health. Washington, DC.
- Ridosh, M.,** Roux, G., Meehan, M., & Penckofer, S. (2017, April). *Barriers to self-management in depressed women with type 2 diabetes*. MNRS 41st Annual Research Conference, Minneapolis, Minnesota.
- Ridosh, M.,** Roux, G., Meehan, M., & Penckofer, S. (2017, June). *Barriers to self-management in depressed women with type 2 diabetes: A qualitative study/barreras de automanejo en mujeres deprimidas con diabetes tipo 2*. 13th International Family Nursing Conference, Pamplona, Spain.
- Ridosh, M.M.,** Sawin K.J., Roux, G., & Brei, T.J. (2019, August). *The meaning of quality of life in families with and without spina bifida*. 14th International Family Nursing Conference, Washington, DC.
- Ridosh, M.M.,** Sawin K.J., Roux, G., Adams, W., Penckofer (2021, June/July). *The Global Family Quality of Life Scale: Expanding evidence for adult women with co-morbidities*. 15th International Family Nursing Conference, Virtual.
- Ridosh, M.M.,** Sawin K.J., Roux, G., Adams, W., Penckofer (2021, November). *The Global Family Quality of Life Scale: Expanding evidence for adult women with co-morbidities*. Sigma Theta Tau International – 46th Biennial Convention, Indianapolis, Indiana, Virtual.

Ridosh, M.M., Adams, W., Magaña, F., Sawin K.J., & Holmbeck, G.N. (2022, September) *Trajectories of self-management and independence in youth with spina bifida: Demographic predictors of growth*. Council for the Advancement of Nursing Science, Washington, DC.

B. Non-data based presentations

Hanson, G., **Ridosh, M.**, Solari-Twadell, A., Brittan, S. (2010, January). *Does the use of a blog in a writing-intensive nursing course enhance student reflection?* Loyola University Chicago, Focus on Teaching, Chicago, Illinois.

Ridosh, M. (2010, November). *Early exposure to research experience*. University of Wisconsin Milwaukee. Fall Convocation, Milwaukee, Wisconsin.

Ridosh, M. (2020, February 25). *Posters: The good, the bad, and the ugly*. Loyola University Chicago, Marcella Niehoff School of Nursing Lunchbox Talks Research Workshop, Chicago, Illinois.

Ridosh, M. (2021, February 26). *Panel Presenter: Writing in the disciplines*. Loyola University Chicago, Writing Center Workshop, Virtual.

Ridosh, M. (2021, May 26). *Panel Presenter: 2021 Sakai Online Faculty Showcase*. Sakai, <https://www.youtube.com/playlist?list=PLlwXoUJvHUhUAW7lqS1Ak6dmDIJgUcCpu>

C. Presentations (invited)

Ridosh, M. (2019, October 21). *How do family factors impact diabetes health status and quality of life?* Loyola University Chicago, Clinical Research Grand Rounds, Maywood, IL.

D. Presentations (presented by other authors)

Braun, P., Ridosh, M., Roux, G., Bellin, M., Sawin, K. (2012, March). *Transition in young adults with spina bifida: A qualitative study*. Second World Congress on Spina Bifida Research and Care, Las Vegas, Nevada.

Sawin, K.J. Bartelt, T. Stroud, S., Whitmore, K. & Ridosh, M. (2014, October). *Divergent factors related to QOL in family members of young adults with spina bifida*. The 6th Annual Health Care Transition Research Consortium: Research Symposium, Houston, Texas

Sawin, K., Ridosh, M., & Roux, G. (2016, August). *Inner Strength in adolescents and emerging adults (AEA) with and without a chronic health condition*. Sigma Theta Tau International – 27th International Nursing Research Congress, Cape Town, Africa.

Penckofer, S., Ridosh, M., Kordish, C., Byrn, M., Kouba, J., Sheean, P., Emanuele, M.A., Halaris, A., Meehan, M., Woo, J., & Adams, W. (2018, September). *The sunshine vitamin and depressive symptoms in women with type 2 diabetes: A randomized trial*. Council for the Advancement of Nursing Science, Washington, DC. Friday, Late Breaking Abstracts: HIV & Diabetes, <http://www.nursingscience.org/events/sos/2018sosslides>

Buechele, S. & Ridosh, M. (2021, March). *Parents of Children with Down Syndrome and Their Interactions with Pediatric Health Care Providers*. Accepted for presentation at the National Association of Pediatric Nurse Practitioners' (NAPNAP) 42nd National Conference on Pediatric Health Care. Orlando, FL.

Yunez, J. & Ridosh, M. (2021, March) *Social determinants of health and COVID-19: A review of the literature* [Poster presentation]. Loyola University Chicago Graduate Research Symposium, Chicago, IL, <https://ecommons.luc.edu/grs/2021/Humanities/2/>

Yunez, J. & Ridosh, M. (2021, March) *Social determinants of health and COVID-19: A review of the literature* [Poster presentation]. Ruth K. Palmer Symposium, Maywood, IL.

E. Data-based poster presentation

- Penckofer, S., Kordish, C., Woo, J., Byrn, M., Ridosh, M., Adams, W. (2016, March). *Tackling clinical trial recruitment and retention of women with type 2 diabetes*. MNRS 40th Annual Research Conference, Milwaukee, WI.
- Penckofer, S., Kordish, C., Woo, J., Byrn, M., Meehan, M., Ridosh, M., Adams, W., Kouba, J., Sheean, P., Ibraheem, A. (2016, April). *Tackling clinical trial recruitment and retention of women with type 2 diabetes*. Ruth K. Palmer Symposium, Maywood, IL.
- Ridosh, M., Penckofer, S., Roux, G., Meehan, M. (2016, April). *Family matters in diabetes and depression*. Ruth K. Palmer Symposium, Maywood, IL.
- Ridosh, M., Penckofer, S., Roux, G., Meehan, M. (2016, May). *Family matters in diabetes and depression*. 11th Annual Chicago Diabetes Day, Chicago, IL.
- Ridosh, M., Penckofer, S., Roux, G., Meehan, M. (2016, September). *Family matters in diabetes and depression*. Oncology Research Institute/Marcella Niehoff School of Nursing Research Night Poster session. Maywood, IL.
- Ridosh, M., Meehan, M., Roux, G., Penckofer, S. (2017, March). *Barriers to self-management in depressed women with type 2 diabetes*. Ruth K. Palmer Symposium, Maywood, IL.
- Ridosh, M., Roux, G., Meehan, M., Adams, W., Penckofer, S. (2018, March). *The role of family functioning in women with diabetes and co-morbid depression*. Ruth K. Palmer Symposium, Maywood, IL.
- Ridosh, M., Penckofer, S., Adams, W., Roux, G., Meehan, M. (2019, March). *The impact of family functioning in women with diabetes and depression*. Midwest Nursing Research Society, Kansas City, MO.
- Ridosh, M., Penckofer, S., Adams, W., Roux, G., Meehan, M. (2019, March). *The impact of family functioning in women with diabetes and depression*, Ruth K. Palmer Symposium Maywood, IL.
- Penckofer, S., Ridosh, M., Adams, W., Kordish, C., Meehan, M. (2019, March). *Does alleviation of depressive symptoms improve diabetes self-management and quality of life?* Midwest Nursing Research Society, Kansas City, MO.
- Ridosh, M.M., Stiles-Shields, C., Stern, A., Winning A., Anderson, L, Sawin, K.J., and Holmbeck, G.N. (2019, October). *The Adolescent and Young Adult Self-Management and Independence Scale (AMIS-II): Expanding evidence for validity and reliability*. 11th Annual Healthcare Transition Research Consortium Research Symposium, Houston, TX.
- Ridosh, M.M., Stiles-Shields, C., Stern, A., Winning A., Anderson, L, Sawin, K.J., and Holmbeck, G.N. (2020, March). *The Adolescent and Young Adult Self-Management and Independence Scale (AMIS-II): Expanding evidence for validity and reliability*. Ruth K. Palmer Symposium, Maywood, IL. (Conference cancelled)
- Buechele, S. & Ridosh, M. (2021, March). *Parents of Children with Down Syndrome and Their Interactions with Pediatric Health Care Providers* [Poster discussion presentation]. 2021 MNRS Annual Research Conference, Virtual.
- Papadakis, J. L., Starnes, M., Ridosh, M., Kritikos, T., Smith, Z., & Holmbeck, G .N. (2021, April). *Life goals of young adults with spina bifida*. Virtual Society of Pediatric Psychology Annual Conference.
- Winning, A. M., Ridosh, M., Wartman, E., Kritikos, T., Friedman, C., Starnes, M., Crowe, A. N., & Holmbeck, G. N. (2021, April). *Parents' school-related concerns and perceived strengths in youth with spina bifida*. Virtual Society of Pediatric Psychology Annual Conference.
- Ridosh, M., Penckofer, S., Adams, W., Meehan, M., Kordish, C., Byrn, M. (2022, March). *Vitamin D supplementation and its impact on depressive symptoms, diabetes distress, self-care, and blood pressure in women with type 2 diabetes*. Poster discussion presentation at the MNRS 46th Annual Research Conference, Schaumburg, IL.

VII. HONORS AND AWARDS

- 1995 US Air Force Outstanding Leadership Award
- 2015 Family Research Section Dissertation Award, Midwest Nursing Research Society
- 2016 Pinnacle Nurse Leader, Power of Nursing Leadership

VIII. TEACHING/ADVISING

A. Courses taught

- GNUR 110 Nursing as Vocation (Fall 2008, 25 students)
- GNUR 111 Nursing as Service (Spring 2009, 28 students)
- GNUR 102 Introduction to Professional Nursing (Spring 2011, 2 sections, 52 students)
- GNUR 204 Bridge Course/Nursing Concepts (Fall 2011, 24 students)
- GNUR 343 Professional Nurse Leadership II (Fall 2010, 55 students)
- GNUR 385 CRT: Clinical Role Transition (Spring 2011, 100+ students)
- CMAN 380L Community Health Nursing (Fall 2012, 22 students; Spring 2012, 17 students; Fall 2011, 24 students)
- CMAN 375 Community Health Nursing (Fall 2017, 20 students; Spring 2015, 14 students; Spring 2014, 22 students)
- CMAN 375L Community Health Nursing Lab (Fall 2017, 20 students; Spring 2015, 15 students; Spring 2014, 24 students; Fall 2014, 23 students; Fall 2013, 17 students)
- GNUR401 The Discipline of Nursing: Conceptual and Theoretical Bases (Spring 2018, 39 students)
- GNUR404 Theories and Concepts for Advanced Clinical Practice (Spring 2021, 28 students, Fall 2020, 49 students; Spring 2020, 31 students; Fall 2019, 33 students; Fall 2018, 22 students)
- GNUR360 Nursing Research (Spring 2021, 68 students; Spring 2020, 39 students)

B. Course Development

- GNUR 102 Introduction to Professional Nursing
- GNUR 204 Bridge Course/Nursing Concepts
- CMAN 380L Community Health Nursing
- CMAN 375 Community Health Nursing
- CMAN 375L Community Health Nursing Lab
- GNUR 404 Theories and Concepts for Advanced Clinical Practice

C. Guest lectures

Ridosh, M. (2016, March 14) *Family Matters in Diabetes and Depression: A component of the Sunshine 2 Study*. University of Illinois-Chicago presentation to Diabetes Research Interest Group. Topics included: diabetes and depression morbidity and mortality; family functioning in diabetes and depression; review of interventions; description of current study. (20 faculty and students)

Ridosh, M. (2016, April 4) *Secondary Data Analysis*. Guest lecture for Nursing Research Design (GNUR512). Graduate student course at Loyola University Chicago. Topics included: Secondary data analysis as an option; description of process and issues from own dissertation experience. (5 students)

Ridosh, M. (2016, October 4) *Concept of Family*. Guest lecture for Individual, Family, Community, & Health (GNUR207). Undergraduate student course at Loyola University Chicago. Topics included: definition of family; family perspectives in Community and Public health

Nursing; theories and frameworks of family functioning; characteristics of families experiencing crisis and chronic problems; family nursing practice. (30 students)

Ridosh, M. & Whitmore, K. (2016, September 26) Undergraduate Nursing Research Council.
Invited panelist to discuss research trajectory and current study.

D. Member on doctoral qualifying exam committee

Awatef Ibraheem	10/2017 – 7/2018
Kelly Coyne	4/2022 – present

E. Member on dissertation committee

Colleen Kordish	1/2018 – 12/2019
The effect of social support on health and quality of life for women with type 2 diabetes and depression	
Awatef Ibraheem	9/2018 – 12/2020
Factors associated with diabetic peripheral neuropathy and quality of life among type 2 diabetes patients in Saudi Arabia	

F. Director for DNP scholarly project

Sandra Weszelits	2/2018 – 8/2019
Displaced gastrostomy tube in the pediatric emergency department: An evidence based algorithm	

G. Director of Comprehensive Examination

Anna Lisowski, Graduate student in Family Nursing Practitioner Track	12/2013 – 4/2014
Identifying depression and eating disorders among adolescents in the primary care setting: A review of the literature	
Jennifer Glasshagel, Graduate student in Family Nursing Practitioner Track	5/2015 – 12/2015
Physical activity in primary care	
Jill Simmons, Graduate student in Dietetics	11/2015 – 5/2016
Nutrition and quality of life in overweight and obese children and their families	
Rita Locher, Graduate student in Family Nursing Practitioner Track	11/2017 – 5/2018
Mental health concerns of adolescents and young adults in the age of social media	

H. Preceptor for Practicum

Peggy Kotowski, Graduate student in PhD in Nursing Program	8/2012 – 12/2012
Online learning mentorship during GNUR510 Teaching Practicum	
Elizabeth Toderick, Graduate student in DNP Program	8/2013 – 12/2013
Online learning mentorship during GNUR510 Teaching Practicum	
DeLisa Flynn, Graduate student in PhD in Nursing Program	8/2017 – 12/2017
Online learning mentorship during GNUR510 Teaching Practicum	
Amy Kiefer, Graduate student in PhD in Nursing Program	8/2019 – 12/2019
Online learning mentorship during GNUR510 Teaching Practicum	
Jessica Yunez, Graduate student in Masters in Public Health Program	8/2020 – 12/2020
MPH Applied practice experience during practicum in Epidemiology Track	

IX. SERVICE

A. Participation on University Committees

8/2012 – 9/2016	Loyola University Medical Center Nurse Executive Council
10/2012 – 2/2014	Loyola University-Wide Online Learning Advisory Committee
2/2014 – 1/2019	Coordinating Committee for Blended and Online Learning
5/2018 – 5/2020	University Faculty Council
2/2018 – 12/2021	Graduate School Diversity Fellowship Awards Committee
9/2020 – present	Research Technologies Workgroup

B. Participation on MNSON Committees

2009 – 2019	Undergraduate Nursing Program Committee
2010 – 2012	Loyola University School of Nursing Executive Committee Member
5/2013 – 1/2019	Admission Progression Retention Committee
2013 – 2015	MNSON Educational Technology Committee
10/2017 – 4/2018	Peer Evaluation Tool taskforce – Peer Review Teaching Evaluation
3/2018	Comprehensive exam taskforce
2018 – 2020	MNSON Research Committee
2019 – 2020	Loyola University School of Nursing Executive Committee Member (Faculty Council member serving on the committee)
2020 – 2021	PhD Committee
10/2020 – 5/2021	Associate Dean Search Committee

C. Professional Organization Membership

2006 - present	Sigma Theta Tau International
2007 - present	National League for Nursing (institutional)
2012 - present	SLOAN-C (institutional)
2012 - present	Midwest Nursing Research Society (MNRS)
2013 - 2015	IHAC Education Workgroup of the Illinois HealthCare Action Coalition
2013 - present	International Family Nursing Association

D. Leadership in Professional/Community Organization

2018 - 2021	Midwest Nursing Research Society (MNRS) Family Research Interest Group (Co-Chair Elect 2018-2019; Co-Chair 2019-2020; Past Co-Chair 2020-2021)
2020 - 2022	Spina Bifida Association Research Advisory Council (National)
2021 – present	Professional Advisory Council, Illinois Spina Bifida Association (State)
2022 – present	Section lead, Spina Bifida Association Program Committee for the 2023 Spina Bifida World Congress (International)

E. Grant Reviewer

2017	The Israel Science Foundation
2018	Health EQ Collaborative Reviewer, Loyola University Chicago
2018	Early Career Reviewer (ECR) for Center for Scientific Review (CSR), National Institutes of Health
2021	Grant Committee Representative, Family Health RIG, Midwest Nursing Research Society (2-year term)
2022	Health Research Charities Ireland/Health Research Board Ireland

F. Organization Abstract Reviewer

- 2014 Midwest Nursing Research Society (MNRS) Family Research Interest Group (RIG)
Awards reviewer 2015 conference
Competitive symposium RIG abstract reviewer for 2019 conference
Guaranteed symposium RIG Co-Chair for 2020 conference
- 2016 International Family Nursing Association
Abstract reviewer and poster presentation reviewer for the 2017 conference

G. Journal Manuscript Reviewer

- 2014 Quality of Life Research (QURE)
- 2016 Disability and Rehabilitation
- 2017 Journal of Pediatric Rehabilitation Medicine
- 2018 Canadian Journal of Nursing Research
- 2018 Research in Nursing & Health
- 2021 Topics in Spinal Cord Injury Rehabilitation
- 2021 Journal of Neurodevelopmental Disorders
- 2022 Western Journal of Nursing Research
- 2022 Marriage & Family Review
- 2022 Acta Paediatrica
- 2022 Research and Theory for Nursing Practice

H. Mentorship

- 2019 - 2021 MNSON Faculty Mentor for Tenure-track progression - Cynthia Paidipati

I. Community Service

- 2016 – 2020 Confirmation leader at St. Francis de Sales Parish, Lake Zurich, IL